

## News & Announcements

### Space Dedication for Wounded Warrior Project® Brain Health Suite

We recently celebrated the grand opening of the Wounded Warrior Project® Brain Health Suite, an expansion and renovation of the original offices and patient care rooms.

The new space was dedicated by Michael Linnington, Wounded Warrior Project® CEO, Claire Sterk, Emory University President, John Lewin, Emory Healthcare CEO, and Dr. Barbara Rothbaum, Emory Healthcare Veterans Program Executive Director. Previous program participants, Sam and Trent, shared how the Intensive Outpatient Program helped them reclaim their lives.

It was a special night for all involved, and we at EHVP would like to thank Wounded Warrior Project® for funding the space to accommodate twice as many warriors as we previously could.

"We are thrilled with this opportunity to increase our reach and allow our life changing efforts to be extended to more veterans than ever before. Wounded Warrior Project's continued support is essential to the growth and upward trajectory of our program and our ability to successfully serve more and more warriors," said EHVP Executive Director, Dr. Barbara Rothbaum.



Executives from WWP, Emory University, Emory Healthcare and Emory Healthcare Veterans Program were present at the ribbon cutting of Wounded Warrior Project® Brain Health Suite on May 20th.

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## News & Announcements (cont.)

### US Army Fort Benning Visit

Members of the EHVP team had the opportunity to visit US Army Fort Benning to get a firsthand feel of combat-related activities and learn more about a soldier's preparatory training and experience on the battlefield. The day's itinerary included a morning commute from Atlanta via an Army UH-60 Blackhawk helicopter, exploring a M1A2 SEP tank, target practice at the firing range with the Army Marksmanship Unit, a conversation with the Army Rangers, and concluded with a meeting and discussion with the Fort Benning Martin Community Hospital mental health clinicians.

The visit helped provide context for the team when it comes to treating soldiers. "I think the biggest thing for me today was being able to be out here and just even get a small glimpse into what these people are coming in, training for, and getting ready to do, is helping me to have a better understanding of where they've been and what they're about to go through," said EHVP Social Worker, Danielle Wray.



Executive Director, Barbara Rothbaum, PhD, and Executive Advisor, Lieutenant General (ret.) William "Burke" Garrett III greeting US Army Fort Benning Martin Community Hospital officials.

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Our story of impact this summer is a video of the team visit to US Army Fort Benning. Click the link below to view the full video.



**Watch Video** 

## 2019 By The Numbers



Army soldiers treated

warriors served since 2015

1,138

warriors served from the top 3 states: GA, TX and FL



Our program is known for its innovative research when it comes to treating PTSD, and now our team is working with the Department of Veterans Affairs (VA) to make the treatment more accessible nationwide. In her VA role, EHVP Clinical Director, Dr. Sheila Rauch, works to make PTSD care more accessible. Her latest efforts in the VA have focused on a version of Prolonged Exposure for embedded mental health workers in primary care.

Dr. Rauch leads a program at the VA that trains VA primary care mental health providers so they are better prepared to help patients struggling with PTSD. This new offering will provide a brief version of prolonged exposure therapy to patients during a series of four to eight 30-minute appointments.

"There is still a large population of those with PTSD who do not seek care, so we are working to find ways to provide treatment that is not only effective but can be accessed quickly because this population will most likely not follow through with treatment the first time they reach out," said Dr. Sheila Rauch.



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# In Case You Missed It social media highlights



**Emory Healthcare Veterans Program** 

We are committed to serving our heroes by #healinginvisiblewounds In honor of #MentalHealthAwarenessMonth, help us serve our heroes by telling a post-9/11 veteran or service member that they don't have to struggle with PTSD, anxiety, or depression on their own

#WarriorCareNetwork



12:58 PM - 2 May 2019









### EMORY Emory Healthcare Veterans Program

80% of veterans who participated in the Wounded Warrior Project Annual Survey noted that they believe embarrassment and lack of family understanding have kept them from seeking care for PTSD.

Even though PTSD treatments work, most people who have PTSD don't get the help they need.

Help us reduce the negative stigma attached to mental health and PTSD by telling a warrior you know about Emory Healthcare Veterans Program and the #WarriorCareNetwork today

Visit our website for more information: http://bit.lv/ehvpveterans

#healinginvisiblewounds

#veterans

#mentalhealthawareness



**OO** 35

44 Shares

### EMORY Emory Healthcare Veterans Program

May 21 - 3

Last night we held a dedication and grand opening of our new expanded space made possible by a grant from Wounded Warrior Project.

Thank you to Michael Linnington, CEO, and Mike Richardson, VP of Independence Services and Mental Health, for attending and making the Wounded Warrior Brain Health Suite possible.

Read more about the expansion here: https://bit.lv/2.JAwG2m and check back for more photos from the grand opening later this weekl... See More



OO 81

3 Comments 37 Shares

### EMORY Emory Healthcare Veterans Program

June 18 at 11:29 AM - 3

Did you know that our Executive Director, Dr. Barbara Rothbaum, is a pioneer in Virtual Reality Exposure therapy? In honor of #PTSDAwarenessMonth, we would like to share how EHVP uses Virtual Reality to help warriors struggling with PTSD improve their lives.

Pictured is Army Surgeon General, LTG West participating in a demonstration of Virtual Reality Exposure therapy, during her visit to our program in April

Learn more about Virtual Reality Exposure therapy here http://advancingyourhealth.org/.../using-virtual-reality-the.../

#healinginvisiblewounds Army Medicine



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