

Logging In

- Visit the club website and under Membership you will see a Member Login option appear. Click on it to visit the Member Login (Empower ME)
- User name and password are their member ID.

First Time Login:
Username: Barcode ID
Password: Barcode ID

- When a member logs on to Empower M.E. the first time, they will need to change their password. They also have the option of changing their user name, which we suggest they do as a good security practice.

- Change Username -
OPTIONAL STEP

FIRST TIME LOGGING IN?
Would you like to change your username?
Current Username:
T9025

YES, I WANT TO CHANGE

NO THANKS, CONTINUE

- The password must be 8 to 32 alphanumeric characters and contain 1 lower-case character, 1 uppercase character, and 1 special character. It cannot contain spaces, the word “password”, or their user name.

- UPDATE PASSWORD -
REQUIRED STEP

We take security very seriously and because of that, we have a few password rules:

- Must meet the requirements listed below the input box
- Must not contain your username
- Your 5 previous passwords cannot be used
- Cannot use the same password that was used in the last 6 months

Current Password

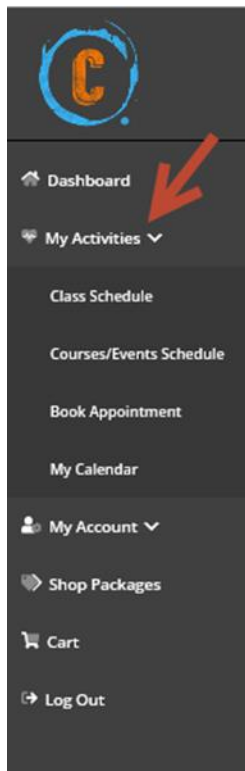
New Password

- ✓ 8 to 32 alphanumeric characters
- ✓ 1 lowercase letter
- ✓ 1 uppercase letter
- ✓ 1 number
- ✓ 1 special character
- ✓ No spaces
- ✓ Does not contain the word 'password'

Confirm New Password Passwords
Match!

SAVE

MY ACTIVITIES



Empower M.E. Member Portal



Class Schedule

1. Log into the member portal and select My Activities
2. Click Class Schedule
3. To drill down for specific classes
 - a. Select Category
4. Select More Filters to use Key Words or Instructors/Resources
5. Select the desired class
 - a. Class Detail popup gives you the option to sign up.
6. If payment is required you will be prompted to pay the fee.

Dashboard

My Activities

Class Schedule

Courses/Events Schedule

Book Appointment

My Calendar

My Account

Shop Packages

Cart

Log Out

My Packages Cart Log out

IMPORTANT: Classes and courses are subject to change at anytime. Please check your shopping cart carefully before proceeding with payment.

Select Date: 3/12/2020

Select Club: Jonas Sports-Plex

Select Category: ALL

CLASS FILTERS

Keyword

Instructors

Close Apply Filters

Thursday 3/12/20

6:00 AM 60 min	VINYASA ANDREA \$115.00 - Single Class Fee
6:00 AM 60 min	PIRATES SMALL GROUP ANDREA \$115.00 - Single Class Fee
7:00 AM 60 min	CARDIO LIFT BARRY \$20.00 - Single Class Fee

Date created: 10/10/2019 7:23 AM

My Packages Cart Log out

Select Classes

Dashboard / Select Classes

Class Instructor: Andrea
Class Length: 60 min
Date: 03/12/2020
Time: 7:00 PM

- CLASS DESCRIPTION -
A high energy class with great music and motivating instructors riding a varied mixture of fees, hills & sprints while burning calories all the way! Our studio features HD forward motion video giving a unique virtual experience of riding various locations in the U.S. and Europe.

Cancel Sign Up

Select Date: 3/12/2020

Select Club: Jonas Sports-Plex

Select Category: Group Exercise

CLASS FILTERS

Thursday 3/12/20

7:00 AM 60 min	CARDIO LIFT BARRY \$20.00 - Single Class Fee
10:00 AM 60 min	STRENGTH BOOTCAMP ANDREA \$115.25 - Single Class Fee