



## A Special Message from our Executive Director

Hello,

You might have signed up for this newsletter after learning about the Emory Healthcare Veterans Program at an Atlanta Falcons game or our recent Open House. If so, welcome to the Emory Healthcare Veterans Program community! Alternatively, you might be a longtime supporter of our program, so I want to thank you for your contributions to our mission of healing our warriors' invisible wounds. Whether this is your first newsletter or your 20th, we're glad you're here.

In 2022, we treated 540 warriors, provided 9,755 hours of treatment at no cost to our participants, and 15 new employees joined our team. Thank you to our incredible warriors, team, and partners for making 2022 a year to remember.



A handwritten signature in black ink that reads "Barbara O. Rothbaum".

**Barbara O. Rothbaum, PhD., ABPP**  
Executive Director

### By The Numbers

**Fifteen new team members joined us in 2022**

Visit our *About Us* page to learn more about the incredible people who make up our team.

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[Learn More](#)

## The Atlanta Falcons' Salute to Service Game

The *Salute to Service* game is the NFL's year-round commitment to honor, empower, and connect with our nation's service members, veterans, and their families. As the official team healthcare provider of the Atlanta Falcons, Emory Healthcare and the Atlanta Falcons partner to show appreciation for our military each November via this special game.

Through the *Salute to Service* effort, Lorenzo Carter, linebacker for the Atlanta Falcons and former University of Georgia Bulldog, joined us in sharing our message of treatment and healing, and reminded warriors that it's okay to ask for help:

"I grew up in a family with people in the military and I understand the sacrifices that they made. I've seen firsthand what veterans struggle with coming home, having to deal with post-traumatic stress and anxiety and coming

back to regular life may be difficult for some. It's hard for warriors sometimes to ask for help, but I want to let them know that it's okay."



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## Retired SEAC John Troxell Shares a Message of Hope

Making it to the most senior enlisted position in the Army did not come without struggle. As John Troxell, Senior Enlisted Advisor to the Chairman of the Joint Chiefs of Staff, approached the time to hang up his Army uniform, his wife encouraged him to seek support for his frequent bouts of anger. Troxell had boxed up many traumatic events that were wreaking havoc on his personal wellness. "My treatment experience has been nothing short of outstanding. It is by far the best thing I have done to enhance my quality of life and my relationship with my family and friends."

Troxell has a message of encouragement for warriors who may have invisible wounds and are considering treatment from the Emory Healthcare Veterans Program: **DO IT!**

"The world is a great place, and though you've got challenges, help is waiting for you. Look at this as your new mission. You owe it to yourself to do it right now."



## Bringing Our Partners Together

This Veterans Day, Emory Healthcare Veterans Program hosted an Open House for veteran service partners and attendees of the International Studies of Traumatic Stress Studies conference, which was held in Atlanta this year. Over 300 attendees toured our clinic and learned how we treat warriors and heal their invisible wounds. The evening gave us an opportunity to share the transformational impact our program has on the lives of our warriors. We appreciate all who attended.

**HIDDEN HELPERS**



## Survey Participants Wanted for Resource Development

The Hidden Helpers Coalition exists to fill gaps in support and services for children and adolescents that live in homes

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with wounded, injured, or ill service members and veterans.

***The Coalition is seeking adults from military caregiving families to take part in a 10-minute web-based survey and/or a 60-minute virtual focus group.*** Input will be used to help create resources for health care professionals, preparing them to better serve military caregiving families and children.



[Transform Your Life](#)

### **Transform Your Life with No-cost, Confidential Care**

We treat conditions such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), military sexual trauma (MST), anxiety, and depression related to military service. This treatment is available for eligible post-9/11 veterans and service members living anywhere in the United States, regardless of discharge status, deployment history, or length of service.

The two-week Intensive Outpatient Program and traditional outpatient program are offered in-person or via telehealth in eligible states.



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### **Help Us Heal Invisible Wounds**

Thanks to our donors' generous gifts, we have made incredible progress in serving the needs of our veterans and service members. Please help us continue to provide innovative, holistic care by donating to our program. Your gift will help transform, and possibly save, the lives of our nation's heroes.

